

How Cyber-Bullying Happens and How to Stop It

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Resources

Select from this list

- **Listen** to Milton Chen and MindShift on KQED's Forum
<http://mindshift.kqed.org/tag/cyberbullying>
Milton Chen talks about how girls cyber-bully more than boys
- **Read** about different forms of cyber-bullying
http://www.stopcyberbullying.org/teens/because_i_can.html.
How kids become online bullies just "because they can"
- **Read** How Educators Can Help Stop Bullying
<http://mindshift.kqed.org/tag/cyberbullying>
Personal accounts of harassment and support for gays and lesbians
- **Watch** news clip of 13 year-old girl who killed herself after scandal from her sending a topless photo to a boy
http://today.msnbc.msn.com/id/34236377/ns/today-today_people/
- **Watch** CBS News clip of suicide of 15 year-old Phoebe Prince
<http://www.youtube.com/watch?v=BKvXPM-EVDQ>
- **Watch** CBS news video clip of Tyler Clementi
<http://www.youtube.com/watch?v=TLMNXJ0oCf0&feature=fvw>
The 18-year-old who killed himself after his roommate made a video of him showing he was gay

Critical Issue

More than half of American teens are concerned about online safety and know someone their age who has been by cyber-bullied. Nearly a third have been targets themselves. Has technology and engagement with social networks escalated bullying - how and why does cyber-bullying happen and what can be done about it?

Preview Activity/ Vocabulary Exercises

Vocabulary matching exercise on words from the Phoebe Prince story on YouTube

torment to mob to bully to be bullied cyber-mobbing

the virtual world

1. _____: (verb) to cause great pain or mental suffering, to torture.
2. _____: (verb) to deliberately intimidate or scare others.
3. _____: (passive verb) when another person intimidates you.
6. _____: when an angry group of people attacks someone together.
7. _____: when an angry group of people attacks a person online.
8. _____: the real world, not the internet.

Vocabulary check on words from the Tyler Clementi video clip

Before the class watches the Tyler Clementi video clip, check that students understand the expression “*to out someone*”

English has a lot of slang you won’t find in the dictionary.

Do you know what “*in the closet*” means?

Do you know what coming “*out of the closet*” means? or “coming out”?

What does it mean “*to out someone*”? (used like a verb)

Focus Questions

Divide the class into small groups to brainstorm solutions to the following 3 questions. Ask one student to record each group’s ideas.

1. How can you prevent yourself or your child from being a victim of cyber-bullying?
2. How can you tell if a teen is being bullied online?
3. What can you do to stop cyber-bullying?

Direct students to the web page with tips on how to prevent, stop and report cyber-bullying at http://www.stopcyberbullying.org/take_action/stop_block_and_tell.html
Share each group’s ideas and ensure the following guidelines are covered.

- Keep personal information private
- Stop, block and tell
- Google yourself
- Take 5 minutes to calm down if you’re angry
- Don’t be an accomplice

Post Viewing Homework Assignment

Direct students to choose one of these two options: A or B

OPTION A

Ask students to visit www.wiredkids.org and take the cyber-bullying quiz at http://www.wiredkids.org/ktt_universal/games/javascript/cyberbullying_quiz_1/index.html

After taking the quiz, ask them to write a blog “post” about what they learned, answering these 3 questions in their “post.”

1. Did you answer “yes” to many of the questions in the quiz?
2. Were you surprised that you are doing many things that may be risky?
3. Which things did you think were safe, but may not be safe?

Suggest that students read other classmates blog postings and respond to one other student's blog post.

4. Did you both feel the same way after taking the quiz?
5. Were you surprised by the same things or by different things?

OPTION B

If you have a teenage child, ask him or her to take the cyber-bullying quiz at http://www.wiredkids.org/ktt_universal/games/javascript/cyberbullying_quiz_1/index.html and tell you her/her score.

Similarly write a blog "post" about what you learned from taking the quiz and answer these 3 questions in your blog "post."

1. Did your child answer "yes" to many of the questions in the quiz?
2. Were you surprised that he/she did some things that may be risky?
3. Which things did she/he think were safe but may not be safe?

Suggest that students read what other parents wrote and respond to one other parent's blog post.

4. Did you both feel the same way after hearing your child's score?
5. Were you surprised by the same things or by different things?

Additional Exercise

- Visit www.STOPCyberbullying.org and read the page aloud or have students read silently on the ways to prevent kids from becoming both victims and bullies. http://www.stopcyberbullying.org/take_action/take_a_stand_against_cyberbullying.html
- Divide the class into groups of 3- 4 students to make a list of **Ways to Prevent Cyber-Bullying**
- Working together compile a class list of guidelines or rules which can be printed out and posted on the wall in the classroom and distributed to students by hand or email or both.

Additional Resources

How to set up a free class weblog (blog) on yahoo.com

- 1 Visit <http://360.yahoo.com/>. This is the site where you'll sign up for your blog. If you already have a yahoo email account, you can choose to sign in. If you don't already have a yahoo account, simply choose 'sign up' instead.
- 2 Choose "My Blog" at the top of the page to begin to create a blog. This is where you will begin to choose how you want your blog to look. There are a variety of templates so you don't have to be a website designer.
- 3 Answer the next three questions. These will determine what kind of background your blog has, which colors, and the general look and feel. You'll also decide on a name for your blog and choose some keywords that describe your blog.
- 4 Write your first blog entry. To do this click on "Compose a New Blog Entry" near the top of the page. This is how you create the content for your blog. These entries are called "posts."
- 5 Choose a title for this blog post and type it in the title box. Write the content of your post in the main box and then choose to publish it. You can choose "View Blog" to see what your blog will look like to other users.
- 6 Send out your blog's URL to your friends and family so they can check your blog regularly. They'll be able to interact with you by leaving comments.

Read more: [How to Create a Yahoo Blog | eHow.com](#)

http://www.ehow.com/how_4796192_yahoo-blog.html#ixzz16zRoNBZ3